



Wise Up About Sex

📖 Proverbs 4:23

● We all know that we live in a sexually saturated culture. God's wisdom book has some strong warnings for us regarding our sexuality

💡 **A Strong Warning.** 📖 Proverbs 5:1-7

■ Don't go against the grain.
Wisdom is the art of skillful living.

■ Temptation never delivers what it promises.

💡 **The Consequences.** 📖 Proverbs 5:7-14

■ Don't even go down that street.

■ If you do there will be pain involved.

- ⇒ Sexual sin brings a loss of self-respect and strength.
- ⇒ Giving in to sexual sin can cost money.
- ⇒ Sexual sin can cut our life short.
- ⇒ Sexual sin brings great regret.
- ⇒ Sexual sin can cause public humiliation.

■ When we step outside of God's boundaries we hurt ourselves.

- ⇒ "We don't break God's laws, they break us."
- ⇒ God gave us these ethical absolutes for our own welfare.

💡 **The Answer.** 📖 Proverbs 5:15-19

■ **Clearing up some misunderstandings.**

- ⇒ The alternative to sexual sin isn't repression or pretending that our sexuality doesn't exist.

■ **God created sex to be wonderful and pleasurable.**

- ⇒ The context for this blessing: marriage.
- ⇒ God created our sexuality for us to enjoy.

💡 **A Reality Check.** 📖 Proverbs 5:20-23

■ **Everything we do is observed by God.**

■ **Our choices determine our destiny.**

My Next Right Step

- I am naming Christ as my Savior.
- I will confess sexual sin to God and get the help I need to change.
- I will make or renew my commitment to sexual purity.
- I will memorize 📖 Proverbs 4:23.

Next Sunday: "31: Sustaining Wisdom"



Please bring this sheet with you to your Home Team this week!

Warm Up

● When did you first learn about "The birds and the bees?"

Opening Prayer

"Father, thank You for all Your good gifts, including our sexuality. We ask for Your help to guard our hearts and affections.."

Discussion Questions

Read Proverbs 5:1-7

⇒ If temptation doesn't deliver what it promises, why are we so susceptible to it?

⇒ What can a person do to protect themselves from a sexually saturated culture?

Read Proverbs 5:7-14

⇒ Which of the consequences listed have you seen at work in people's lives?

⇒ In Sunday's message, it was said that almost everyone is sexually broken in some way. Why is that true?

Read Proverbs 5:15-19

⇒ What messages have you heard about sexuality

from churches or other Christians in the past?
=>What is the answer/alternative to sexual sin given in these verses?

Read Proverbs 5:20-23

=>How does v. 21 make you feel?
=>What would you say to someone who acknowledges their sexual sin and is looking for a way out?

Read 1 Thessalonians 4:3-7

=>What does this say about God's will for our sexuality?

"Even the greatest of delights without the least of restrictions will quickly cease to satisfy. A pristine joy, like sex, made common and base is merely a defiled and repulsive thing."

—Robert Louis Stevenson

"There are two basic facts about sex: it is very good and it is very dangerous."

—Margaret Thatcher

"The moment sex ceases to be a servant it becomes a tyrant. There is something dangerous and disproportionate in its place in human nature, for whatever reason; and it does really need a special purification and dedication. The modern talk about sex being free like any other sense, about the body being beautiful like any tree or flower, is either a description of the Garden of Eden or a piece of thoroughly bad psychology, of which the world grew weary two thousand years ago."

—G.K. Chesterton

Praise & Prayer List



This Sunday
"31"
"Sustaining Wisdom"

SEA COAST CHURCH



Wise Up About Sex

Message Notes
& Home Team
Small Group Questions

Pastor Lee Huddleston

For the week of May 23, 2010